

From Gillian Roberts:

You had asked for more info re: my book – The Thought That Changed My Life Forever. The best way for you to check out what we are up to is to go to our website: www.thethoughtpublications.com. You can get to know more about us, the book, the weekly interviews (“The Thought Sessions” – there’s a tab at the top with archived recordings listed there, too), and we are posting soon reflections on our “Food 4 Thought” events – had our first official one on Sept 22nd. It’s an inspirational speakers’ series with food & drink, designed in part to raise funds for local food providers (who supply those in need). We also have a weekly blog (you can link to read those at the bottom left of the page).

You can order the book most easily on Amazon – there’s a link on our page or you can search on their main site. If you want to sign up on our “Thought Movement” list (right side), we automatically send you the introductory chapters free, so you can get a taste while you are awaiting your book to arrive (if you decide to order one).

We are in the early stages of prepping our second volume – aiming for an Oct/Nov 2014 release date!

Lots going on, was so inspired by “Flavour” – maybe we’ll expand our Food 4 Thought concept, as people love to enjoy yummys! I’m passionate about creating nourishment for everyone (body, mind, spirit), so I like the idea of supporting conscious food providers and donating to those providing for this basic of needs in our community.

Feel free to send me any ideas/feedback – my personal email is gillian.purepower@gmail.com.